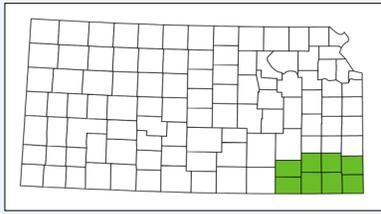


Adult Obesity – 2015

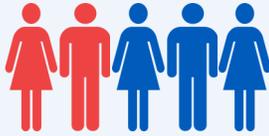
Public Health Preparedness Region: Lower 8 of Southeast Kansas



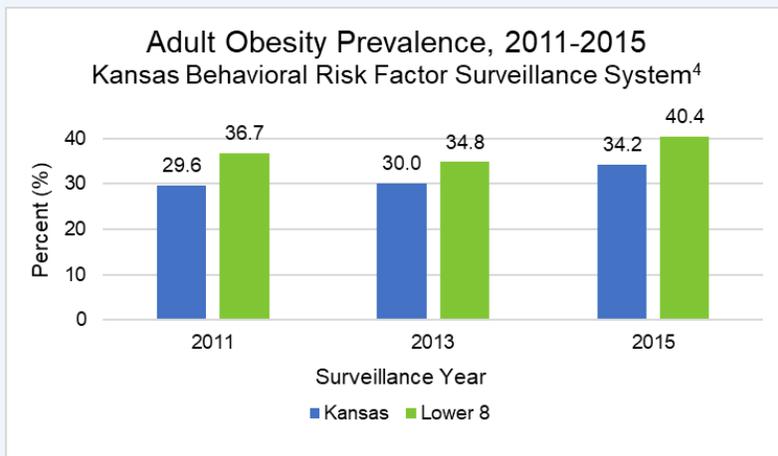
Counties

Chautauqua, Cherokee,
Crawford, Elk, Labette,
Montgomery, Neosho

Over 2 in 5 adults ages 18 years and older in the Lower 8 of Southeast Kansas Region were obese. The obesity prevalence for this region (40.4%, 95% CI: 36.9% to 43.8%) was **significantly higher** than Kansas (34.2%, 95% CI: 33.4% to 35.0%).⁴



No significant change was seen in obesity prevalence



For more information, contact: Kansas Department of Health and Environment. Bureau of Health Promotion.

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Overview

Table 1. Adult Obesity Among Population Sub-groups⁴

Region	Weighted %	95% CI
Kansas	34.2%	33.4% - 35.0%
Lower 8 of Southeast Kansas	40.4%	36.9% - 43.8%
Age Group		
18 to 44 Years	40.8%	34.6% - 47.0%
45 to 64 Years	46.1%	40.8% - 51.4%
65 Years and Older	31.5%	26.4% - 36.6%
Leisure Time Physical Activity Group		
Participates in leisure time physical activity	37.9%	33.6% - 42.2%
Does not participate in leisure time physical activity	48.7%	42.3% - 55.2%

Significantly higher obesity was seen among those 45 to 64 years compared to those 65 years and older, and in those who did not participate in leisure time physical activity compared to those who participate in leisure time physical activity. There were no significant differences in prevalence of obesity among other demographic groups.⁴

Notes: Numerator: Respondents with a BMI greater than or equal to 30, based on self-reported height and weight. Denominator: All respondents, excluding unknowns and refusals. Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to the Technical Notes for more information at <http://www.kdheks.gov/brfss/>

